

Intentional Mentoring Assessment

❖ Lives a Disciplined Life

Name:

Date:

A disciplined life is a life that is increasingly committed to God, the new person within, the Body of Christ, and the world. It is a life working in tandem with the Spirit of God in developing Christlikeness of life.

Romans 8:29;

2 Corinthians 3:18; Galatians 4:19; Ephesians 4:15; 1 Timothy 4:7.

Mentoring and being mentored

1	2	3	4	5
I am not involved in either of these things.		I have very limited involvement in these things.		I am very involved in both mentoring and being mentored.

My thoughts:

Pressing on to become mature in Christ

1	2	3	4	5
I am not growing spiritually.		I am sporadic at best in my spiritual growth.		I am growing consistently.

My thoughts:

Pursuing emotional balance

1	2	3	4	5
It is easy for me to lose my composure.		I have times when I lose my composure but am getting better at it.		I am able to operate with good self-control.

My thoughts:

Live an exemplary life

1	2	3	4	5
I am not authentic or transparent in my life style.		I desire to be authentic and transparent, but don't do it consistently.		I am living out an authentic and transparent life style.

My thoughts:

Fulfills family responsibilities

1	2	3	4	5
I struggle to understand my responsibilities to my family.		I know my responsibilities but have difficulty fulfilling them.		I consistently fulfill my family responsibilities.

My thoughts:

Prepares daily for spiritual warfare

1

2

3

4

5

I don't understand what the armor of God is.

I know about the armor of God but struggle to appropriate it.

I am consistently prepared for warfare by putting on the armor of God.

My thoughts:

On the basis of my answers to the above questions, I would like to grow in how I live a disciplined life in the following areas: